

Frederick Henry Appleby (1843–1918)

Army Doctor and Mayor of Newark

Frederick Henry Appleby was born in East Retford, Nottinghamshire, in 1843. His father was Frederick Appleby (1815–1896), a chemist and druggist, and his mother was Elizabeth, née Dennett. He began his career in Newark when he became House Surgeon at the old Newark Hospital in 1865. In 1871, Appleby moved into a private practice as a partner in the firm of Lacy, Hodgkinson, Matterson and Appleby whose surgery was on Boar Lane. Following his purchase of Barnbygate House, the practice - now listed as simply Matterson and Appleby - was carried on from the house itself.

In 1872, Appelby married Elizabeth Ridge Bishop (1839–1920). Their three children were Frederick Calvert (1874–1891), Lewis Charles Bishop (1878–1953) and Elizabeth Mary Mabel (b. 1880).

Following the formation of the St John Ambulance Association in 1877, Appleby began conducting first aid classes in St Mary's, Baldertongate, parish rooms. The classes had proved so popular that Newark formed its own Association Centre in 1884, followed by an Ambulance Corps in 1886. Activity all but ceased by the turn of the new century, but in 1910, a new brigade was formed with Appleby as president.

In the 1893 British Army List, he is mentioned as a Surgeon-Captain with the Volunteer Battalion of the Derbyshire Regiment, having enlisted on March 15th 1884. Appleby was thrice Mayor of Newark (in 1899, 1909 and 1910) and during the First World War, he was appointed medical officer to the Royal Engineers' training centre in Newark. He attained the rank of Surgeon Lieutenant Colonel of the Sherwood Foresters. Following his death in 1918, Appleby's wife continued to live at Barnbygate, being joined in the early 1920s by their son, Lewis, who was the house's last private owner. Lewis sold the house in 1933 to the Newark Town and District Club, retiring himself to Westby House in Southwell.

From the *Newark Advertiser* February 14, 1900.

More than a week ago the Mayor of Newark decided to have a medal struck for sale in the borough in aid of the War Fund, and a similar idea has since been mooted in the Daily Mail. The dies for the Newark medal are being prepared.

On one side will be the borough arms and the date "1900, F. H. Appleby, Mayor," and on the other the words "Struck in aid of the Mayor's Fund for families of Newark soldiers who fought in the Transvaal War."

The medals will be in bronze at 1s each, and in silver at 5s. Velvet lined cases 6d extra.

